



West Hills Art League

NEWSLETTER



'Tis the Season

Welcome December!

Don't write off the darkest season just yet. Even with colder weather, shorter days, holiday stress, and all of us spending more time indoors than ever before, don't let your art skills grow cold.

Did you know that staying creative can reduce stress and anxiety and improve your mood? Research shows that engaging in the activity of visual expression activates the reward pathway in your brain.

Creating art isn't the only way to receive health benefits, Viewing art can also improve your mental and physical wellness. The more time you spend analyzing a piece of art, the more you are able to stimulate both unconscious and conscious brain functions. Doing so can increase your problem-solving skills in everyday life.

Art is good for your body and your mind!

MAY YOUR DAYS BE

merry & bright



DEC 2020



**WHAL Virtual
Show And Share
Monday, Dec. 7th
@ 7:30pm**

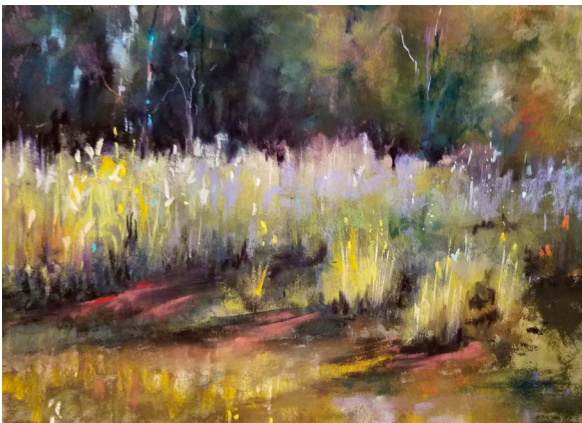
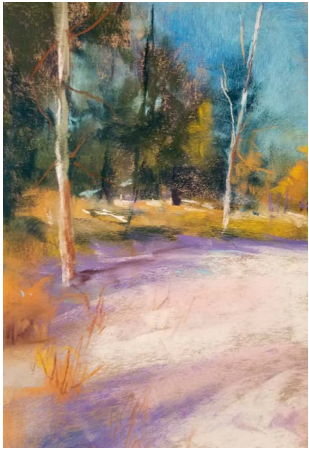
All WHAL members are invited to participate in our monthly WHAL Art Show and Share.

This is simply an informal chat session where members can show recent completed pieces or works-in-progress. There will be opportunities for you to ask questions about someone's process and materials, or you could ask for input on something you are working on, or even just log in to get inspired. It's a great opportunity to connect, collaborate or mentor.

**Next WHAL
Virtual
Meeting
January 21, 2021**

December Artist Spotlight

Cindy Gilberti



Cindy Gilberti is an artist from western Pennsylvania. Inspired by nature and the outdoors, she strives to make the ordinary extraordinary by interpreting her world using color and gesture in an expressionistic style. She enjoys painting light and values in her compositions through observation and plein air and is equally comfortable painting in watercolor and pastels. Like most other artists, she is continually experimenting with new mediums to see how they can be incorporated into her designs.

Cindy exhibits her artwork around the tri-state area and is currently the Vice President of the Pittsburgh Pastel Artist League. She is also a member of the Pittsburgh Watercolor Society, Cranberry Artists Network, McMurray Art League and the West Hills Art League. Cindy has also served as a juror for various art exhibitions. Her involvement with regional artists through these endeavors inspired her to open her own art studio and gallery in Coraopolis; Gilberti Fine Art Studio & Gallery and strives to promote art and artists throughout our community.

She has studied with numerous internationally recognized artists including Marla Bagetta, Christine Swan, Terri Ford, Jacob Aguiar, Sterling Edwards, Susan Harrison-Tustain, Frank Webb, Tom McNickle, Jeannie McGuire and more.

You will find Cindy painting in her studio and teaching various art classes.

[Gilberti Fine Art](#)
gilbertifineart@gmail.com



WHAT November Challenge: Draw This in Your Style



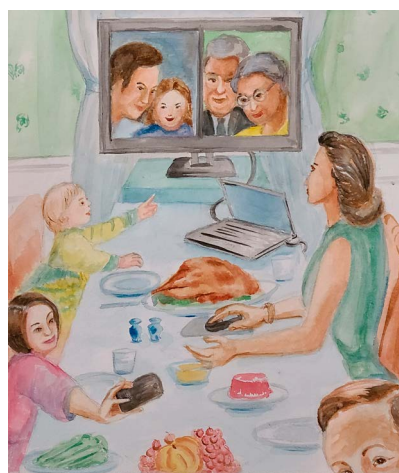
JAMES TOBIN



NORMAN ROCKWELL PIC
DIGITALLY REMASTERED
HELENA VALENTINE



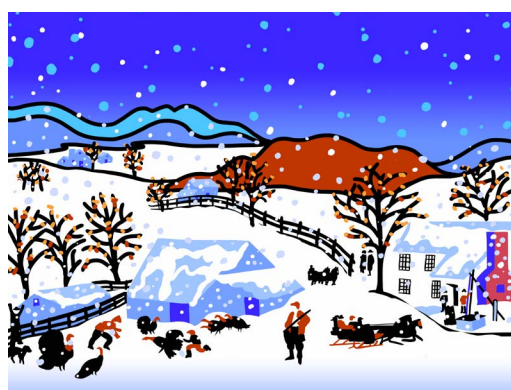
DEBRA TOBIN - FABRIC COLLAGE



NEELAM DWIVEDI



JAMES TOBIN



LYNDA KIRBY



LANCE MALONEY

NEXT CHALLENGE: (DUE DEC. 31) CREATE A PAINTING TO MUSIC

Painting to music allows you to interpret and process sensory information and allows you to take ownership of the music by creating your own impressions.

10 TIPS FOR PAINTING TO MUSIC:

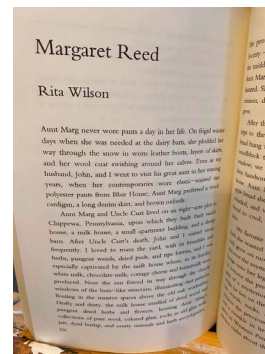
1. Use an easel Painting this way makes it easier to control your movements
2. Set up your painting area so that you can drop paint or get a bit messy without interruption – you don't want to interrupt the process because you're worried about the carpet
3. Use a limited color palette of colors, preferably ones that mix well to avoid a murky brown end result. You can also provide some white and black for pigmentation
4. Use different painting tools for sensory feedback – thick, stubby paintbrushes, sponges, feathers – and have a cloth or baby wipes ready if you decide to start finger painting!
5. Start off with happy, upbeat music – it's okay if it's music you have never heard before
6. Pick a few songs with different tempos and moods, and try at least one instrumental-only piece
7. Allow yourself to "paint what you feel" or "paint what you hear" and not worry about painting anything specific (like an object or a scene)
8. Focus on your art without interruption. Turn off the phone and find a quiet spot.
9. Use a new canvas or sheet of paper with every new song. Also try to take a break in between songs if you feel like you need to "reset"
10. After your done, ask yourself these questions about your art:
 - How does it feel?
 - What do I see?
 - What was I feeling when I painted this?
 - How does this color make me feel?
 - Did I enjoy painting to music?

Member News



Rita Wilson is pleased to have five of her still life paintings on exhibit at Exposure Gallery in Sewickley.
<https://www.exposuresewickleyart.com/>

She is also excited to have her piece about her husband's Great aunt Marg included in this anthology. Just published, it celebrates 100 people through 50 poems and 50 prose pieces.
<https://www.lulu.com/en/us/shop/pure-slush/100-lives-pure-slush-vol-20/ebook/product-rwezmi.html?page=1&pageSize=4>



Lisa Shaughnessy is teaching kids art classes at Moon Park. They are open for kids 5-12, they are on Wednesdays from 4:30-6:00 in 4 week sessions.

Art in the Park (Ages 5-12)

Date: Wednesdays November 18-December 16
 (No Class 11/25)

January 13-February 3
 February 10-March 3

Time: 4:30-6:00 pm
 Fee: \$50 Moon School District residents, \$55 non-residents
 (per 4 week session)
 Location: Moon Park Office Clubhouse (downstairs)
 Instructor: Lisa Shaughnessy

Join Ms. Lisa for some adventures into art! We will explore many different mediums from drawing to painting, from collage to sculpture. We will be learning about artists from the past and letting them inspire us while creating original works of our own. This can be a perfect supplement to children's online learning. Fee includes all materials. Day/Time subject to change with school schedule as the semesters progress.

November's session will introduce Prehistoric art, Native American art, African art and Asian art. January's session will use the inspiration of Monet, Seurat, Degas and Beatrix Potter to create our own original works of art. February's session will step back in time to visit Da Vinci, Michelangelo, Vermeer and explore the textile arts of women in Medieval times.

Crafter-noons! (Ages 5-12)

Date: Saturday December 12- Holly Jolly!
 January 23- Oh no Snow Day
 February 20- I love my pets!

Time: 1:00-3:00pm
 Fee: \$20 Moon School District Residents/\$25 non-residents
 Location: Moon Park Office Clubhouse (downstairs)
 Instructor: Lisa Shaughnessy and Moon Park Staff

Let's get crafty with a few friends! Join Ms. Lisa for some seasonal craft projects. Each workshop will feature at least 3 crafts that kids will take home. December will be Holly Jolly, in January we will dip our toes in the snow, and February we will celebrate our pets!

Register at: www.moonparks.org or <https://apm.activecommunities.com/moontwp/Home>

Gina Judy won an Award of Merit at the Tuscarawas County Art Guild Fall Exhibit in New Philadelphia. Juror Ted Nuttal just selected Gina's piece for the South Carolina Traveling Exhibition, as a "Recognition of Excellence"! She is so excited that a piece that means so much to her is recognized in this way! A print of it will be going to SC!



Call for Artists



Call for Artists

ENTER NOW - DEADLINE MARCH 5, 2021

WESTMORELAND ART NATIONALS
JURIED FINE ART & PHOTOGRAPHY EXHIBITIONS

Westmoreland Art Nationals Juried Fine Art & Photography Exhibit

Now Accepting Entries for 2021 Westmoreland Art Nationals

Every year, the Westmoreland Arts & Heritage Festival holds the Westmoreland Art Nationals, a juried fine art and photography competition, featuring art from all around the country. Artists are permitted to enter as many pieces as they'd like to be considered in both of our exhibits.

The first exhibit will be held in Commissioners Hall at Westmoreland County Community College. The exhibit will run from Saturday, May 22 through Wednesday, June 9, with the Opening Reception on May 22 from 6-8 PM. Awards will be Announced at 7:00 PM on May 22 and posted on our Facebook page. The second exhibit will be held at the Westmoreland Arts & Heritage Festival on Thursday, July 1 through Sunday, July 4 with the Opening Reception set for Saturday, June 26 from 6-8 PM. Awards will be Announced at 7:00 PM on June 26 and posted on our Facebook page. Both shows are free and open to the public to attend.

A total of \$4,800 in prize money will be awarded in the following categories:

- Best of Show
- Painting
- Graphics
- Craft
- Sculpture
- Photography
- Mixed Media
- Digital Media/Digital Art
- New Entrant
- People's Choice

Winners are selected for each exhibit and are not announced until the night of the Opening Receptions. Both shows provide excellent exposure and serve as wonderful networking opportunities to meet other distinguished artists.

<https://artsandheritage.com/the-arts/art-nationals/>

Hoyt Regional 2021 Call for Artists

Artists are invited to submit electronic entries for the 48th Hoyt Regional Juried Exhibition. Elaine A. King, freelance curator and art critic, will select works and award winners for the exhibition.

DATES TO REMEMBER

- * Deadline for Entries: 2/6/21
- * Notification of Acceptance: 3/15/21
- * Delivery of accepted works: By 4/3/21
- * Exhibition Dates: April 13- June 24, 2021

<https://hoytartcenter.org/hoyt-regional-juried-exhibition/>



BECOME A PRESENTER!

The Arts Council welcomes anyone who has in-depth knowledge or art experience to share their ideas for its annual workshop series. Considering the significant shifts to the arts economy this year, we're looking for panels, workshops, and hands-on training that will help artists adjust to the "new normal" of the pandemic. Artists have had to shift to working, performing, sharing, and selling online, experiencing many new learning curves.

Selected presenters and/or panelists receive a \$200 honorarium in exchange for their time and expertise. We are currently accepting proposals for the 2021-2022 workshop season. Learn more about becoming a presenter and submit your idea by Friday, Dec. 18, 2020.

https://form.jotform.com/62645793387976?utm_source=newsletter&utm_medium=email&utm_content=Submit%20Your%20Idea&utm_campaign=Call-For-Presenters



Call for Artists

Spring Nicole & Harry MARTIN SHOW

REGISTRATION DEADLINE
Sunday, January 24, 2021



The Erie Art Museum's 98th annual Nicole & Harry Martin Spring Show is moving up this year. We're excited to kick off 2021 with the Spring Show. Registration and submission opens this week and must be completed before January 24, 2021. The juror will select the works on February 10, 2021 with the show opening in mid-March.

With the success of last year's digital submission, we are continuing it again this year. Each artist may submit up to three works. Museum members pay \$20 for the first submission and \$10 for any additional entries; non-members pay \$30 for the

first submission and \$20 for any additional entries.

We look forward to announcing the Juror soon, until then, [check out the prospectus](#), register and submit!

Not a member? First-time Memberships start at \$15 and include benefits such as free admission to the Museum, invitation to Members-Only events, our Quarterly magazine, and more. We also have monthly membership plans starting at \$2.25 per month. Members entering three works save \$30 on entry fees. [Become a member today and save!](#)



Events & Shows

VERTIGO

SCULPTURE EXHIBITION

NOVEMBER 27 - DECEMBER 20, 2020

422 WOOD ST. PITTSBURGH, PA 15222



Visit www.aapgh.org to learn more

Image: Saige Baxter

Cranberry Artists Network Holiday Member's Show ART IN THE TIME OF COVID-19

is on display at the Cranberry Municipal Complex Back Hall Gallery through December 17 and can also be viewed virtually on YouTube at [Cranberry Artists Network Art In the Year of Covid 19](#)

To purchase art please email:
sales@cranarts or marcy@zoominternet.net.

Sale of ornaments send messages to:
tnadolny725@yahoo.com.

Events & Shows

Alternative Methods for 3D Art: Cardboard Relief Masks

Tuesday December 8, 2020

7:00 – 8:30 PM

Free for members, \$5 for non-members

Join Region 1 & artist Lisa Leiberling of "Studio 3C" for a virtual hands-on workshop on cardboard sculpture. A materials list will be provided in advance so not only will you leave this session with your very own sample mask sculpture but also lesson plans, assessment tools, and information on using different types cardboard in the classroom for a variety of sculptures.

Leah Shuck invites us to join Lisa Leiberling and PAEA Region 1 for a Cardboard Sculpture workshop next month!

Tues. Dec.8th, 7–8:30PM

"Grab some boxes and learn how to use your imagination, and a little strategic cutting, to transform them into amazing masks. In this hands-on session, we will experiment with different cutting tools and techniques as we turn flat cardboard into multi-dimensional art. We will also consider how the properties of different types of cardboard might be used to enhance the aesthetic of our creations. In addition to their masks, everyone will also leave the session with sample lesson plans, assessment tools, information on materials/tools and ideas for different ways to artistically utilize cardboard in their classroom."

Act 48 credit available for PA teachers, certificate of attendance for non-PA teachers.

Free for PAEA members, \$5 for non-members. Will be held on Zoom. This is the second session in our partnership with Lisa, exploring alternative methods for 3D art.

Register here: [Alternative Materials for 3D Art: Cardboard Sculpture](#)

<https://www.eventbrite.com/e/alternative-materials-for-3d-art-cardboard-sculpture-tickets-124790715389>

the North Hills Art Center *presents our annual*

Holiday ARTISAN MARKET

Market Dates: November 21-December 12, 2020

Market Hours: Mondays thru Saturdays: 10:00am-3:00pm

Tuesday Evenings: 7:00pm-9:00pm

3432 Babcock Blvd. * Pittsburgh, PA 15237 * 412-364-3622

A Great Place to
Find Unique Holiday
Gifts from local
artists:

Free Parking &
Free Entry!

Over 60 Gifted Artists
with hand-crafted items!

Shop early for the
Best Selection!

Holiday & Home
Décor, Jewelry,
Pottery, Paper &
Fiber Arts,
Soaps & Lotions,
Fashion Items,
Woodworks,
Framed Art
& so much more!



https://northhillsartcenter.org/resources/Documents/Shows/HAM%20flyer_no%20party_%202020.jpg

Holiday Art and Gift Auction to Benefit Girty's Woods Online Event

Event Date: Friday, December 4, 2020 - 6:00pm to 9:00pm

This is an online VIRTUAL event to raise funds to help save Girty's Woods!

<https://www.millvalepa.com/home/events/8206>

Due to COVID concerns, The Garden Club has decided to cancel their participation at Moon Park on Dec 5th.

Events & Shows

Handmade Arcade VIRTUAL MARKETPLACE Now through December 6th

Shop for the holidays from a curated community of talented makers, designers, artists and crafters. This 9 day virtual event features a variety of interactive experiences (video and live streaming), behind-the-scenes studio tours, hands-on demonstrations and tutorials, Meet the Maker Q&As, special giveaways and offers, online raffles, crafty discussions, and more!

<https://www.hand-made-arcade.org/events/>



Moon Lights Holiday Festival

Saturday, December 5th | 5-8pm | Moon Park

The Moon Lights Holiday Festival returns to Moon Township. This annual festival began several years ago and outgrew its original location at the Township building. Last year it moved to Moon Park and included the lighting of all park pavilions. This year we are adding new light displays. Each year we will be building on these displays. We hope to make Moon Park a destination for holiday light viewing.

Santa will arrive on the Firetruck at 5pm. He will ride into the park and light our Moon Park Christmas Tree at the Rotary Pavilion. Following the lighting of the tree, Santa will be

available for socially distanced photos and visits with local children. Bring your letters for Santa to drop in his mailbox. The event will also feature performances by local dancers and musicians, food trucks, a smore's station, and much more. Check the full event schedule online at moonparks.org.

The safety of our community is our highest priority. This event will adhere to current CDC guidelines surrounding Covid-19.

www.moonparks.org

Sweetwater's Annual Holiday Mart: Now thru Dec. 19th

Sweetwater's annual Holiday Mart is a tradition in our community that we just can't skip this year! After much consideration, we are planning to present Holiday Mart online in 2020. Log on and shop for unique, handcrafted gifts made by local artists! Holiday Mart has something for everyone on your list, in every price range. You'll find artisan-made jewelry, knitwear, hats and scarfs, unique accessories, hand-thrown mugs and bowls,

wall art, candles, cute aprons, great hostess gifts, teachers gifts, ornaments, cards, decorations and so much more!!

Holiday Mart is Sweetwater's largest fundraiser for the year. And this year we need you more than ever! Support your local artists and your favorite local art center with one click! www.SweetwaterArtSale.org

West Hills Art League P.O. Box 633, Moon Township, PA 15108

www.WestHillsArtLeague.com [@WestHillsArtLeague](https://www.facebook.com/WestHillsArtLeague)

Send Social Media submissions to:
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Send Newsletter submissions to:
Lynda Kirby • kirbycreativeservices@yahoo.com

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